



Did you know ?

- 🍷 Mood disorders include clinical depression, bipolar disorder and related mental illnesses such as obsessive-compulsive disorder or anxiety disorder
- 🍷 1 in 5 people will require treatment for a mood disorder in their lifetime
- 🍷 Three million (est.) Canadians suffer depression. Only 187,500 (est.) are both diagnosed and treated effectively. That's slightly more than 6%
- 🍷 Depression is distributed within the Canadian workforce of 14 million people at the same 10 per cent rate, meaning that approximately 1.4 million people in the labour force have the disease
- 🍷 Lost work time among those who suffer mood disorders is 60% greater than that of other employees.
- 🍷 Mental illness in the workplace costs nearly 14% of the net operating revenue (\$16 billion) of all Canadian businesses combined
- 🍷 Depression is growing. Age of onset is getting younger (age 20 in 40% of the cases, 27 overall)
- 🍷 According to the World Health Organization, mood disorders and depression will be the No. 1 health problem by 2010
- 🍷 For everyone 100 people with a mood disorder:
 - Only 25 seek treatment
 - Only 6 are adequately treated
- 🍷 30% of all disability claims will be related to a mental illness
- 🍷 Depression is the fastest growing category of disability claims in North America
- 🍷 Half to two-thirds of the dollar costs of depression takes the form of lowered productivity, replacement costs, and disability payments