

Dr. Anthony Levitt
Psychiatrist-In-Chief
Sunnybrook and Women's Health Sciences Centre

Dr. Levitt graduated from Medical School in Western Australia and came to Canada to train in Psychiatry in 1985. He completed his research training as a Fellow with Dr. Russell Joffe in 1990 and since that time has been the Director of Mood Disorders Programs at the Centre for Addiction and Mental Health, at McMaster University and currently at Sunnybrook and Women's Health Sciences Centre in Toronto. In 2002 he became the Psychiatrist-in-chief at Sunnybrook and Women's.

Dr. Levitt's area of research and clinical interest is in the area of mood disorders. He has published scientific articles in the area of treatment resistant depression and bipolar disorder, the treatment of adolescent depression, the treatment of seasonal depression, the role of thyroid hormones and the role of folate in the treatment of depression. He is currently a Chair of the Canadian Institutes of Health Sciences, Randomized Clinical Trials committee and is the Past President of the International Society for Light Therapy and Biological Rhythms. Beyond these academic pursuits, Dr. Levitt has a firm commitment to public and medical education and to improving recognition of mood disorders and access to care in the community.